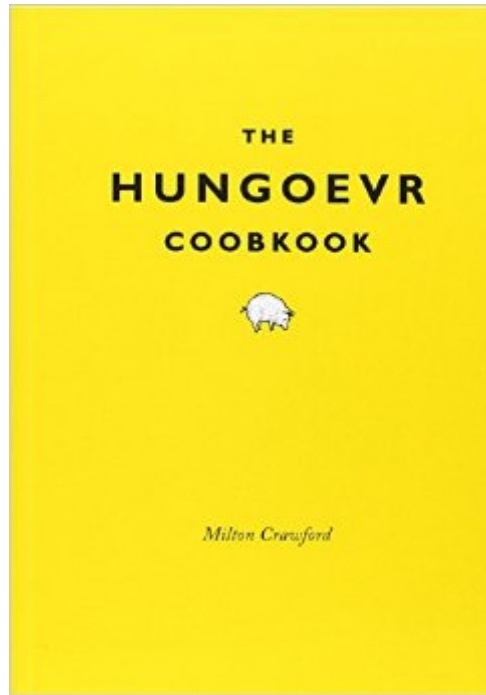


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# The Hungover Cookbook



## Synopsis

Everything you need to know to assess, understand, and improve a hangover is here: dozens of comforting recipes, very clever graphic tests for analyzing your state of mind, and quizzes for tracking your progress. "A good hangover brings its victim to a new state of mind" and one that, when looked at objectively, can be quite fascinating to its host: It can create an increased awareness of the body, a willingness to eat something usually off limits, and a fascination with the mind's strange acrobatics. With P. G. Wodehouse's six hangovers "The Broken Compass, The Sewing Machine, The Comet, The Atomic, The Cement Mixer, and The Gremlin Boogie" as a starting point, recipes are tailored to each specific malady, allowing the reader to find a recipe (or just a menu item) that precisely suits his state of mind . . . and body. Interspersed with the recipes are mind games, witticisms and graphic jokes, insights into hangover science, quizzes to see if you are still drunk or now just merely hungover, and more.

## Book Information

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Best Sellers Rank: #27,386 in Books (See Top 100 in Books) #10 in Books > Humor & Entertainment > Humor > Doctors & Medicine #12 in Books > Humor & Entertainment > Humor > Cooking #25 in Books > Cookbooks, Food & Wine > Beverages & Wine > Cocktails & Mixed Drinks

## Customer Reviews

I'm not going to lie -- and all of you bingers out there may well agree -- I had more fun lying in bed hungover reading this cookbook than I ever would actually TRYING to follow one of the recipes "the morning after." To be honest, it's the first cookbook I've ever actually read and not just turned to the recipe I'm planning on trying. It's insightful and thoughtful, AND I found myself giggling at times -- even when a laugh could cause a headache to go from "mild" to "splitting." Now I'll just have to try the food...

I'm currently hungover. I used this book a couple times. I almost burnt down my house once using this book. But it's my fault, not the book's. I highly recommend taking the quiz in the beginning of the book, so you can figure out what meal to prepare.

I bought this cookbook as a gift, and it went over really well. The book was really not what I expected though. The book has a series of quizzes to find out "what kind of hangover you have" and all the recipes are extremely complicated. It is a dense book, and when I paged through it after a night of drinking the recipes kind of turned my stomach. It is a great gift though!

A straight forward cookbook that is both humorous and practical. We've all been there. The morning when we can't get out of bed and only wish some nonexistent household staff would stock out laps with greasy breakfast meat and scrambled eggs as we wash away our deepest morning after pain with Bloody Marys and mimosas. Alas, the concept of the "Hungover Cookbook" is a bit flawed. It's hard to imagine mustering the courage, let alone temper the stomach, to cook breakfast in the midst of historic hangovers. That being said, this book provides enough humor to motivate one through an attempt. I purchased this for a friend as a gag, but we did find use for it. Take it camping or leave at the vacation house. There will be those mornings and The Hungover Cookbook is something that you and your friends, soldiers in the morning after battle, will have fun working through.

How appropriate. It's a decent cookbook though, even if you aren't hungover. The best part for the hangoverness of it is that it has a scale as to how hard it is to cook relative to your hangover. Very nice for those mornings.

My husband LOVES to cook. I bought him this cookbook for fun. After flipping through the cookbook my husband stated the recipes were obviously British/European meals. There are some neat recipes in the book such as the breakfast burger. The reason I give this book 4 stars, is this is a book for someone who is hung over. I'd say most of the recipes in this cookbook are quite complicated. I believe I'm in the majority when I say that I want something quick & greasy to eat when I'm hung over. I don't want to spend a bunch of time in the kitchen cooking a meal when I feel cruddy. My husband cooks complicated dishes at work on a daily basis, but even he doesn't want to spend this much time in the kitchen if he was actually hung over.

I got this for Christmas for a heavy drinking friend of mine. She thinks it is absolutely brilliant! She told me that whoever wrote the book really knows their hangovers! Apparently, it describes the different types of hangovers, and hits the nail well on the head! Clearly, it is by a thoughtful, self aware, and hilarious hangover insider. I recommend it to anyone who wants to infuse their excess with some apt and top notch humor, or as a gift to the same.

I bought this gift for a friend who loves to cook and go out drinking, so it was the PERFECT gift. I love the humor and the attitude that having a hangover is an opportunity - to cook great food! Thank you! :-)

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